

Instructions for Operation

The PEMF-ST system consists of an PEMF-ST Control Unit and an Ultra PEMF Mat or PEMF Concentrator.

1. Plug the cord from the Ultra PEMF Mat or Concentrator into the rear of the Control Unit. Plug the Control unit into an AC wall outlet with the supplied power cord.
2. Press "On/Off" momentarily to Power On
3. Press "Up" or "Down" and "Next" to change the Run Minutes
4. Press "Up" or "Down" and "Next" to change the Frequency
5. Press "Up" or "Down" and "Next" to select the Intensity
7. Program starts, displaying On and remaining time
8. Press "Next" to change Frequency while running
9. Press "Next" again to change Intensity while running
10. Press "Next" again to change Minutes while running
11. Auto Shutoff at the end of the program
12. Press "On/Off" momentarily to manually shutoff

[Click here for PEMF ST Programs and Frequencies](#)

Instructions for Operation

The PEMF-Ultra system consists of a PEMF-Ultra Control Unit, an Ultra PEMF Mat or Ultra PEMF Concentrator, and a BCX Ultra Deluxe

1. Plug the cord from the Ultra PEMF Mat or the Ultra PEMF Concentrator into the rear of the Control Unit
2. Plug the supplied cord from rear of the BCX Ultra into the rear of the PEMF-Ultra Control unit
3. Power on the BCX Ultra and select a program
4. Select PEMF, or PEMF with another BCX Ultra Accessory
5. Run a BCX Ultra Program
6. Press "Pause" to Pause or Continue
7. Auto-shutoff at the end of the program, if selected